

# **COVID-19 POLICY AND GUIDANCE**

Adopted April 21, 2022

#### **PURPOSE:**

To be responsible and do what we can to protect everyone from the harmful effects of COVID-19.

# **POLICY:**

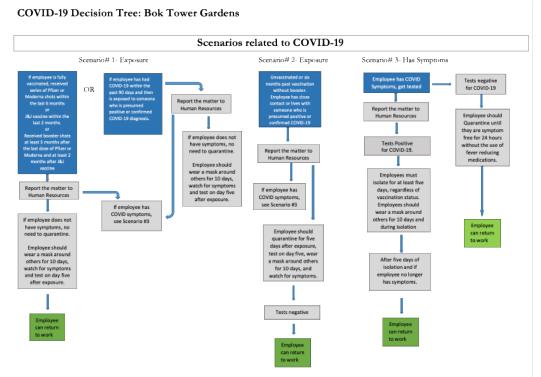
It is the policy of the Foundation to follow guidelines of the Centers for Disease Control and Prevention (cdc.gov). The Foundation asks its staff, contractors, volunteers, friends, guests, and partners to voluntarily take the following precautions when representing the Foundation and when participating in Foundation meetings and events. This policy and guidance will be evaluated periodically by the Board of Directors.

#### **GUIDANCE WHEN REPRESENTING THE FOUNDATION:**

- Know Your COVID-19 Community Level: COVID-19 by County | CDC
- Know When to Wear a Mask: Use and Care of Masks | CDC
- INSIDE, OUTSIDE, AND IN MOTOR VEHICLES WITH OTHERS staff, volunteers, and visitors (excluding when eating, when in one's own home, home office, or car) FOLLOW CDC Guidance above.
- Consult your doctor to be sure a vaccination is safe, effective, and wise for you.
- Follow CDC guidelines.

# **GUIDANCE WHEN EMPLOYEES ARE EXPOSED:**

• Follow the decision tree (see below).





#### CDC Definitions:

- Close contact: Someone who was less than 6 feet away from an infected person (laboratory confirmed or clinical diagnosis) for a cumulative total of 15 minutes or more over a 240hour period. For example, three individual 5-minute exposures for a total of 15 minutes.
- Exposure: Contact with someone infected with SARS-CoV-2, the virus that causes COVID-19, in a way that increases the likelihood of getting infected with the virus.
- \* Calculative Quarantine: The date of your exposure is considered day 0. Day 1 is the first full day after your last contact with a person who has had COVID-19.
- \* COVID-19 Symptoms: fever, chills, cough, sore throat, headache, runny nose, congestion, nausea, vomiting, diarrhea, etc.

### Resources:

- CDC Updates and Shortens Recommended Isolation and Quarantine Period for General Population
- COVID-19 by County | CDC
- Use and Care of Masks | CDC